



HEATHFIELD  
HIGH SCHOOL

# SUN PROTECTION POLICY

CREATED: 05/25  
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# SUN PROTECTION POLICY

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

## Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1, 3 and 4** including:

### Clothing

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric.

### Sunscreen

Students must provide their own SPF 30 or higher broad-spectrum, water-resistant sunscreen and where this is not provided the school has SPF 30 or higher broad-spectrum, water-resistant sunscreen available for staff and students' use.

It is encouraged that sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices)

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

### Hats

All students and staff are strongly encouraged to wear hats that protect their face, neck and ears whenever they are outside. To that end, a navy non-logo bucket hat is available for purchase from Hills Schoolwear at Mount Barker. Baseball or peak caps are not acceptable. On Sports Day and other similar occasions, students will be expected to have and wear a hat. This hat can be either the navy non-logo bucket hat purchased at Hills Schoolwear or another hat from home.

### Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Marquees and other forms of sun protection are provided for outdoor activities during periods of peak UV. Students are encouraged to use available areas of shade when outside.

### Curriculum

Programs on skin cancer prevention are included in the curriculum.

Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school homepage, school assemblies, and student and teacher activities.

The information has been extracted from the [Cancer Council SA SunSmart policy](#)